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Cuba Hosts 13th Int Seminar on Longevity

30/04/2015



Under the organization of the Caribbean Medical Association (Ameca) and the 120 Year-Old Club, the 13th International Seminar on Longevity will begin today afternoon at the Conference Center in this capital. With the slogan "What to do to live 120 years and more, with an active and satisfactory longevity," the event will bring together experts from all branches of knowledge to discuss on experiences in that sense.

Parallel to the seminar, to be run until April 30, is also the Ninth International Nursing Meeting, the Second Oral Health for the Elderly Symposium, and the Tenth International Meeting on Centenarians.

Among the issues to discuss are Genetics, Motivation, Nutrition and Food, Health, Physical Activity, Culture, Sexuality and Environment.

The program of the event includes courses, keynote speeches, roundtable discussions, symposiums, workshops, panels, exhibition of posters and a walk called "eternal youth."

The 13th International Seminar on Longevity and its events parallel sponsor it, among them, the Cuban Ministry of Public Health, the World Health Organization and the Pan-American Health Organization (WHO-PAHO), and the Cuban Ministry of Tourism.