
Antonio Banderas Gives an Update on His Health After Heart Attack: 'It Wasn't Serious'

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Nothing to worry about. [Antonio Banderas](#) gave an update on his health during a press conference on Saturday, March 25, telling journalists that he suffered a heart attack two months ago.

“I suffered a heart attack on January 26, but it wasn’t serious and hasn’t caused any damage,” the 56-year-old actor told members of the Spanish media in Madrid, [according to the Associated Press](#). He added that at the time, he assumed that he simply had a heart “episode” and didn’t think too much of it, though he was hospitalized briefly.

“It hasn’t been as dramatic as some have written,” he told reporters. Banderas explained that his hospitalization involved a procedure to place three stents in his arteries to help keep them clear and blood flowing through them.

The *Zorro* star caused fans to speculate that he may have health issues after he was spotted leaving a Swiss clinic in recent days.

In response to the rumblings, Banderas took to Facebook to clarify that he was doing just fine. “It seems like some media suffered a Heart Press Attack,” he wrote, referring to the name for celebrity gossip media in Spanish.

The actor will be currently filming *Life Itself*, a movie about the lives of people from New York to Spain, and how their paths have crossed through generations. It stars an A-list cast, including

[Samuel L. Jackson](#), **Oscar Isaac**, [Olivia Wilde](#) and **Mandy Patinkin**.
